

Emergency Supply Kit Checklist

General Emergency Supply Kit. For use if you and the individual(s) you support are using your home or place of work as a shelter during an emergency. A General Emergency Supply Kit should include:

- Water: a gallon of bottled water per day for each person
- Food: a one week food supply of canned and dried foods for each person
- First aid kit with disposable gloves, first aid book
- A battery-powered radio, flashlight, and plenty of extra batteries
- Adjustable wrench for turning off gas and water
- Mylar blankets (space blanket)
- Lightsticks
- Non-electric can opener
- Portable stove
- Matches
- Whistle
- Comfortable/sturdy shoes
- Clothes and raincoat (several light layers are better than heavy or bulky items)
- Several garbage bags and plastic ties for personal sanitation
- Tissues/toilet paper moist towelettes for sanitation
- Face masks/ dust mask/ bandana or cloth to cover face
- Roll of Duct tape, All-purpose tool
- Credit cards, cash, and coins
- An extra set of keys
- Personal Disaster Plan
 - Copies of important papers (ID, credit cards, insurance policies, medical information etc.)
- Disability-related supplies and special equipment
 - Medications and medication information
 - Alternate power source or spare batteries for communication device
 - For individuals who do not have verbal language skills, a communication card that includes the his or her name, disabilities and the best way to communicate
 - Paper and writing materials
 - Supplies for a service animal including food, identification tags, proof of up-to date vaccinations, and veterinarian contact

Portable Emergency Supply Kit. Used if you evacuate in the case of an environmental emergency. Use an old backpack or small suitcase with wheels to store the supply items. A Portable Emergency Supply Kit should include:

- Water (in several small packets rather than one large bottle)
- Food (non-perishable and not necessary to cook)
- Small first aid kit
- Essential medical information, medications, and special equipment
- A battery-powered radio, flashlight, and extra batteries
- All-purpose tool
- Mylar blankets (space blanket)
- Lightsticks
- Whistle
- Comfortable/sturdy shoes
- Clothes (several light layers are better than heavy or bulky items)
- Garbage bags
- Tissues/toilet paper moist towelettes for sanitation
- Face masks/ dust mask/ bandana or cloth to cover face
- Copies of important papers (ID, credit cards, insurance policies, etc.)
- Cash and coins
- Pen and small pad of paper
- Black Sharpie Permanent Marker to write identifying information on individual
- For individuals who do not have verbal language skills, a communication card that includes the his or her name, disabilities and the best way to communicate
- For individuals with Limited English Proficiency (LEP): a dual-language dictionary, contact information of friends and supporters, and translated emergency information for sharing with emergency personnel

It's important that if you get these supply kits together as soon as possible. You can begin by collecting the items the individual already has around the house. Then, try to add a few new items to each kit as the individual plans their weekly or monthly budget. Store the supply kits somewhere that is safe, dry, and easy to find. Finally, be sure to replace items in the supply kits as they become old or outdated.